

Stage Fright

Hi, my name is Emma. I have my very first play tomorrow and I am super nervous. Can you help me? You can! Thank you! Wait, so you did the same play before? You were also nervous? So, what did you do? Okay, trying not to look at people would help me a lot when I am doing the play. Do you have any other strategies? One more, what is it? Practicing in front of my family will help me? Thanks again! Now I am not nervous, I am excited! Now that I am confident in practicing and going on stage, I will make tomorrow the best day of my life. I will always remember these things when I go on stage. I am super excited to go on stage. I am going to do my best. Thank you so much!